

**RISK FACTORS**

- ▶ Age (begin regular screenings at age 50\*)
- ▶ Family history and inherited genes mutation
- ▶ Racial and ethnic background
- ▶ Type 2 diabetes
- ▶ Inflammatory bowel disease
- ▶ Obesity, smoking, heavy alcohol consumption

**WARNING SIGNS**

- ▶ Changes in bowel movements
- ▶ Blood in stool
- ▶ Abdominal discomfort
- ▶ Unexplained fatigue
- ▶ Loss of appetite
- ▶ Weight loss
- ▶ Pelvic pain

**MARCH IS Colon Cancer AWARENESS**

*\*American Cancer Society Guidelines*

**TRUE or FALSE?**

Colorectal cancer is the 2nd leading cancer killer.	Both men and women get colorectal cancer.	Colorectal cancer often starts with no symptoms.	Screening helps prevent colorectal cancer.
TRUE FALSE	TRUE FALSE	TRUE FALSE	TRUE FALSE

**PRODUCTS USEFUL FOR THE BODY**

- BRAIN**: salmon, tuna, sardines, walnut
- HAIR**: green vegetables, beans, salmon
- EYES**: corn, eggs, carrot
- MUSCLE**: bananas, red meat, fish, eggs
- HEART**: tomatoes, potatoes, prune juice
- LUNGS**: broccoli, Brussels sprouts, Chinese cabbage
- BOWELS**: prunes, yogurt
- SKIN**: blueberries, salmon, green tea
- BONE**: oranges, celery, milk

**Conquering COLON CANCER**

**Laurence K. Entsuah (M.D.)**  
Board Certified Gastroenterologist

Follow-up Training: Georgetown University Hospital and National Institute of Health, Wash. DC

- ▶ Accepting New Patients
- ▶ Comprehensive and Caring
- ▶ Specialized in Digestive Diseases

**DIGESTIVE & DIAGNOSTIC MEDICAL SERVICE Ltd.**

**Digestive Diseases Specialist**  
Practicing in U.S.A. and Ghana  
Caring and Compassionate

**Stage 5 Years Survival Rate**

I	More than 95%
II	70%
III	50%
IV	Less than 5%

Spread to other organs

**Screen for life**

Let my heartbreak be your wake-up call.  
Get screened for colorectal cancer.

**CDC**

[www.cdc.gov/screenforlife](http://www.cdc.gov/screenforlife)

**Accepting New Patients**

**Are you African American and Age 45+?**

*"All my husband wanted to see was our son grow up. He will never have that chance."*

**Don't Wait.**  
Get screened for Colon Cancer.

Figures from the American College of Gastroenterology recommend that African Americans start screening for colon cancer at age 45.

**Extent of bowel examined**

- Colonoscopy
- Sigmoidoscopy

**Prep. Scope. Live!**  
Get Your Colonoscopy

**Normal colon**

**Colon polyps**

**DIGESTIVE & DIAGNOSTIC MEDICAL SERVICE Ltd.**

**Gastro-Intestinal Diseases and Endoscopy Centre (GIDEC),**  
3rd Baruaa Link, East Link, East Legon Accra, Ghana.  
**Eurocare location:**  
28 Peter Ala Adjiboy Avenue North Laiboni, Accra Ghana

**Ohio Health Columbus Ohio and VAMC** (Columbus Ohio)

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- 001 614371 4583
- 001 740243 8446
- +233 (0) 302 739 390
- +233 (0) 302 739 396
- [www.digestivemed.com](http://www.digestivemed.com)
- [www.diventuah.com](http://www.diventuah.com)

**Treatment For**

Diarrhea	Peptic Ulcer	Gallstones
Bloating	Flatulence	Heartburns/Acid Reflux (GERD)
Gastritis	Hatal Hernia	Bleeding from the digestive tract
Nausea	Loss of Appetite	Irritable Bowel Syndrome
Vomiting	Diverticulitis	Lactose Intolerance
Diverticulosis	Crohn's Disease	Abdominal Pain
Colitis	Anal Abscess	Difficulty Swallowing
Anal Fissure	Colon Cancer	Hemorrhoids
Hepatitis	Esophageal Cancer	Ulcerative Colitis
Constipation	Pancreatitis	Fecal Incontinence

**PROCEDURES:**  
Colonoscopy (Screening and Diagnostic), Endoscopy, Pill Camera Endoscopy, In office Hemorrhoid Banding, H-Pylori Breath Test, Lactose Intolerance / Bacterial Breath Test.



**Laurence Kobina Entsuah M.D.**  
Board Certified and Practicing Gastroenterologist – U.S.A.

A dual Ghana and U.S.A. citizen, Dr Entsuah has been practicing gastroenterology in the U.S.A. for over 15 years. He was educated at St. Augustine's College and Achimota School. Dr Entsuah entered University of Ghana Medical School before leaving for Westfälische Wilhelms University in Münster, Germany (West), where he completed his medical school. Internal Medicine Residency was completed at Blodgett Medical Center/Spectrum Health in Grand Rapids Michigan U.S.A...

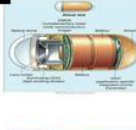
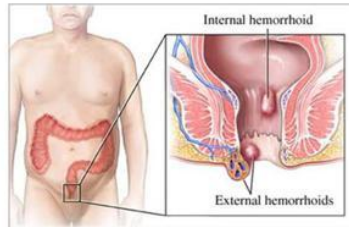
Dr. Entsuah did his Gastroenterology/Hepatology and Nutrition Fellowship at Georgetown University Hospital / National Institutes of Health (N.I.H) / Veterans Administration Medical Center (VAMC) in Washington D.C.

Prior to joining Euracare Ghana, Dr Entsuah worked as consultant gastroenterologist and Clinical Assistant Professor in private practice in Columbus Ohio. He is currently with the VAMC in Chillicothe Ohio and Ohio Health. Dr Entsuah is published in scientific journals.

His interests are; Colon/stomach cancers, Acid Reflux, Peptic ulcer disease and inflammatory bowel disease (IBD - Crohn's and ulcerative colitis)

Procedures performed at Euracare Ghana are therapeutic and diagnostic colonoscopy, colon cancer screening and surveillance colonoscopy, Therapeutic and diagnostic Upper endoscopy (EGD).

Dr. Entsuah's practice in Ghana offers wireless capsule endoscopy, infra red / banding of hemorrhoids, Helicobacter Pylori Urea breath test/treatment



## Telemedicine



1. Accommodation arrangements are provided by Downtown Hotel located at Dolphyne Drive (West Legon) Accra Ghana
2. Arrangements for accommodation are available for patients who desire face to face consultation or follow up (return) visits with the specialist.
3. Arrangements for accommodation are available and encouraged for patients coming in for procedures (colonoscopy and endoscopy).
4. Staying at the hotel will allow for better preparation before the procedure like drinking the colonoscopy prep (the evening before and the morning of the procedure).
5. Ground transportation to and from the procedure site(s) and Downtown Hotel is available.
6. Ground transportation to and from Kotoka International Airport and Downtown Hotel is available.
7. Website: [www.drentsuah.com](http://www.drentsuah.com)
8. Colonoscopy and Endoscopy (Gastroscopy) are done in Accra at Euracare (Labone) and GIDEC (East Legon)
9. Procedure prices may defer depending upon the location that the patient chooses.
10. The Telemedicine saves patients transportation and accommodation costs.
11. Mobile money / Credit or Debit card / Paypal payments are required before appointments are confirmed.
12. All Mobile Money payments are to be made to MTN #: **0558152464** (Laurence Entsuah)
13. U.S.A. generic medications and supplements are available for purchase by our patients.
14. Inquires; Telephone or Whatsapp to local # **0544144482** (Ghana) or **+17402438446** (U.S.A).